



EFFIJI
BREATH

| THE DanceComplex |

EFFIJI BREATH WORKSHOP

COME EXPERIENCE THE
HEALING POWER OF YOUR BREATH.
ALL EVENTS ARE FREE.

SEP. 22 | 11 AM - 1 PM
OCT. 5 | 2:30-4:30 PM
OCT. 27 | 2:30-4:30 PM
NOV. 9 | 2:30-4:30 PM

THE DANCE COMPLEX
536 MASSACHUSETTS AVE
CAMBRIDGE, MA 02139