

# Hors d'oeuvres & Words

Delicious Food Engaging Conversation

## Discussion Topic

Identifying Toxic Cycles & Developing  
Healthy Strategies For A Better Life

## Cruz Creations Catering

Southern-style Cuisine with a Latin Twist



July 21st

2:30pm-4:00pm

\$10

62 Bow St, Somerville, MA 02143